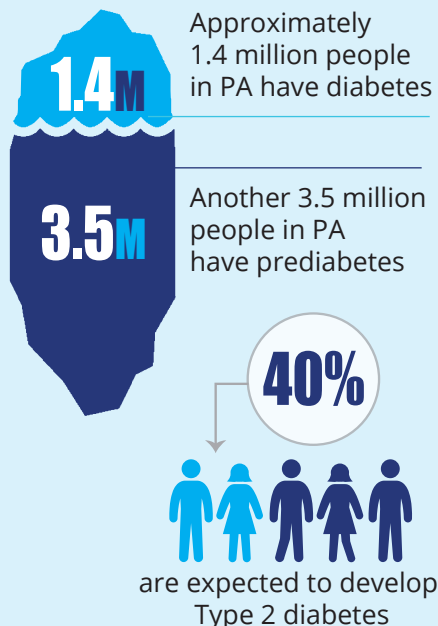


DIABETES

Pennsylvania's
\$12.9B CRISIS

THE GROWING RISKS



THE COST FOR PA

\$9.3B direct medical expenses in 2017
+
\$3.6B Indirect costs
\$12.9B total

In 2016, **almost 25K hospital admissions** in PA were due to a primary diagnosis of diabetes; an **additional 300K admissions** had a secondary diagnosis of diabetes – **86%** of which were potentially preventable

Foot complications from diabetes cost **more than the 5 most costly cancers**

THE GOOD NEWS

Type 2 diabetes can be **prevented, delayed** or **better controlled** to prevent complications

Risk factors can be modified

Identify, Prevent, Delay and Better Manage Diabetes by:

- Annual Screenings
- Annual Foot and Eye Exams
- Diabetes Prevention Programs (DPP)
- Diabetes Self-Management Education and Support (DSMES)

THE COSTS OF UNDERTREATMENT



Heart Disease

66% adults with Type 2 diabetes will die of a cardiovascular event



Amputation

60% of non-traumatic lower-limb amputations occur in people with diabetes; **55%** of these will require amputation of the 2nd leg within 2-3 years



Kidney Disease

Diabetes is the leading cause of kidney failure, accounting for **44%** of new cases annually



Blindness

Diabetes is the leading cause of **new cases of blindness** in adults and as the number of people living with diabetes increases, those with impaired vision also increases

Lowering blood glucose (A1c) levels by 1% in people with Type 2 Diabetes

Intervention can positively impact co-morbidities

14%

Reduction of Heart Attacks

43%

Reduction of amputations or death by blockage of blood vessels

37%

Reduction of Eye, Kidney and Nerve Complications

ARE YOU AT RISK?

Take the CDC Risk Test:
www.DidHavePrediabetes.org